## 放血疗法的临床应用

安康中医药针灸康复中心 黄国健博士

时间: 2017年5月7号

地点:加拿大 Winnipeg

主办单位: Manitoba Professional Acupuncture Association

#### 放血疗法简介

无论在西方医学,还是在东方医学,阿拉伯医学,放血疗法都是一种非常古老的全球性的传统的医疗方法。根据 文献记载,人类在 5000 多年前就已经开始使用放血疗法,它是一种比针灸更加古老,同时在古代西方医学曾经是非常流行 的医疗方法。

目前,放血疗法在中医针灸治疗中仍有重要的意义。因为这种疗法操作简单,疗效迅速,在临床上常常是立起沉疴,顿消痼疾,具有药物和其他针法所不能达到的显著疗效。对于改善血液循环障碍而言,这是一种最快速和最直接的方法;从中医理论来看,这是行之有效的活血化瘀手段。放血疗法使用得当,对人体绝无损伤,又可减免某些中西药物对人体的

毒副作用,它是一种最好的天然疗法,绿色疗法。

本课程的主要内容包括:

- 1 放血疗法的历史概述-西方医学,中国医学
- 2 放血疗法的现代研究-血液循环,镇痛,消炎,抗过敏,止痒,调节内分泌,调节免疫力。
- 3 临床应用
- (1) 具体操作及注意事项
- (2) 放血疗法的适应证

A内科疾病; B 外科疾病; C 运动系统疾病; D 神经系统疾病; E 五官科疾病; F 妇科疾病; G 男科疾病; H 皮肤科疾病; I 儿科疾病

(3) 放血疗法常用的穴位及主治

A 取穴原则; B 辩证辨病取穴; C 常用穴位及主治,操作要领:太阳穴,百会穴,印堂穴,风府穴,大椎穴,身柱穴,命门穴,腰阳关穴,背俞血,曲池穴,尺泽穴,曲泽穴,少海穴,鱼际穴,肩髃穴,肩髎穴,委中穴,足三里穴,阳陵泉穴,阴陵泉穴,阴陵泉穴,丰隆穴,耳尖穴,少商穴,阿是穴。

(4) 现场治疗和示范-耳尖放血,少商放血,委中穴放血

#### 黄国健博士简历

黄国健博士,1988年毕业于南京中医药大学中医系,1988-199年在江苏省中医院内科工作,1994年南京中医药大学中西医结合硕士毕业,1997年中国协和医科大学,中国医学科学院中西医结合博士毕业,1998年底来加拿大马尼托巴大学博士后,2005年开办安康中医针灸康复中心。

黄国健博士擅长运用中医中药,针灸,拔罐,放血疗法治疗各种常见病,疑难疾病,取得了非常满意的疗效。有些病人从 外省慕名前来进行放血疗法。十年多来,应用放血疗法治疗各种痛症,关节炎,皮肤疾病,不孕症,神经系统症状等等, 积累了丰富的经验。

黄国健博士主编出版《中医单方应用大全》,《实用单方治病指南》等,在国内外发表各种论文 30 余篇。现任马尼托巴针灸协会副会长,是加拿大中医针灸协会会员,哥伦比亚省中医针灸协会会员,马尼托巴针灸协会会员。

#### 收费标准

非 MPAA 会员每人 250 加元,MPAA 会员及学生 125 加元。在 3 月 31 日之前注册,可以减免 25 加元。 其中包括: 老师讲义,培训证书,继续教育学分证书,通讯录等。

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# **Clinical Application of Bloodletting Therapy**

Dr. Guojian Huang (MD, China)

Time: May 7, 2017, 9am-5pm Location: Winnipeg, Canada

Host: Manitoba Professional Acupuncture Association

#### Introduction of bloodletting therapy

Whether in Western medicine, Oriental medicine, or in Arabian medicine, bloodletting therapy is a very ancient medical method. According to the literature, more than 5000 years ago mankind began to use bloodletting therapy, it is even older than acupuncture. More important, in ancient Western medicine, it was a very popular medical method until 19th century.

At present, the bloodletting therapy in acupuncture treatment is still important. This therapy is simple and it is possible to achieve instant results even for those chronic, difficult illnesses, which are unable to manage by regular conventional medicine. Bloodletting therapy is one of the fastest and most direct ways to improve blood circulation disorders. According to Chinese medicine theory, this is an effective means of removing blood stagnation and promoting blood and qi flow in the meridians. As long as bloodletting therapy is used properly, it will not harm the human body. In fact if done properly it is one of the best natural therapies available.

The main contents of this course include:

- 1. History of Bloodletting Therapy Western Medicine, Chinese Medicine
- 2. Bloodletting therapy of modern research blood circulation, analgesic, anti-inflammatory, anti-allergic, anti-itch, endocrine regulation, regulation of immunity.
- 3. Clinical applications:
- (1) the specific operation and precautions
- (2) indications of bleeding therapy
- a) Internal medical disease; b) surgical disease; c) motor system diseases; d) nervous system diseases; e) ENT diseases; f) gynecological diseases; g) male diseases; h) dermatological diseases;
- (3) bloodletting therapy commonly used acupuncture points and attending
- a) Principle to select point; b) symptoms-disease based acupoints; c) commonly used acupuncture points, essentials: Taiyang, Baihui, Yintang, Fengfu, Dazhui, Shenzhu, Mingmen, Yaoyangguan, Beishu, Quci, Chize, Quze, Shaohai, Yuji, Jianyu, Jianliao, Weizhong, Zusanli, Yanglingquan, Yinlingquan, Fenglong, Ear Tip, Shaoshang, Ashi.
- 4. On-site treatment and demonstration Ear Tip (apex) bloodletting, Shaoshang bloodletting, Weizhong bloodletting

## Biography of Dr. Guojian Huang

Dr. Huang Guojian graduated from Nanjing University of Traditional Chinese Medicine in 1988. He practiced at the Department of Internal Medicine of Jiangsu Provincial Hospital of Traditional Chinese Medicine from 1988 to 1991. He obtained Master Degree of Medicine from Nanjing University of Traditional Chinese Medicine in 1994. In 1997, he was graduated from Peking Union Medical College and Chinese Academy of Medical Sciences achieved his degree Doctor of Medicine. In the end of 1998, he came to the University of Manitoba as postdoctoral researcher; in 2005, Dr. Huang started to run Chinese medicine acupuncture rehabilitation center in Winnipeg.

Dr. Huang is good at using Chinese medicine, acupuncture, cupping, bloodletting therapy to treat various common diseases, difficult cases, and achieved a very satisfactory effect. Some patients come from other provinces for bloodletting therapy. More than a decade, Dr. Huang has been applying bloodletting treatment for various pain, arthritis, skin diseases, infertility, neurological symptoms, and so on, he has accumulated rich experience of bloodletting therapy.

Dr. Guojian Huang published "Unilateral application of Chinese medicine and acupuncture point", "Practical guidelines for unilateral herbal and acupuncture point treatment". He has been published in more than 30 papers. He is a member of the CMAAC, CTCMA, and member of the Manitoba Professional Acupuncture Association (MPAA) as vice president.

## Course Fees:

Non MPAA member: \$250 per person; MPAA member & student: \$125 Early Bird Discount \$25.00 off if register on or before March 31, 2017

#### Registration:

Please complete attached registration form and send in with course fees to: MPAA office (Unit A-2810 Pembina Hwy, Wpg, MB. R3T 2H8)

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